



advaitam paramanandam

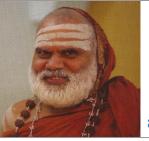


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ADHYATMA RAMAYAN By Sage Veda Vyas

अध्यात्मरामायणे अयोध्याकाण्डम् ॥ तृतीयः सर्गः ॥ ॥ tṛtīyaḥ sargaḥ ॥

नेदानीम् त्थितो राजा किमर्थं चेति चिन्तयन् । स्मन्त्रः शनकैः प्रायाद्यत्र राजाऽवतिष्ठते ॥ ४२॥ वर्धयन् जयशब्देन प्रणमन् शिरसा नृपम् । अतिखिन्नं नृपं दृष्ट्वा कैकेयीं समपृच्छत ॥ ४३॥ देवि कैकेयि वर्धस्व किं राजा दृश्यतेऽन्यथा। तमाह कैकेयी राजा रात्रौ निद्रां न लब्धवान् ॥ ४४॥ रामरामेति रामेति राममेवान्चिन्तयन् । प्रजागरेण वै राजा हयस्वस्थ इव लक्ष्यते । राममानय शीघ्रं त्वं राजा द्रष्ट्मिहेच्छति ॥ ४५॥ अश्रुत्वा राजवचनं कथं गच्छामि भामिनि । तच्छूत्वा मन्त्रिणो वाक्यं राजा मन्त्रिणमब्रवीत् ॥ ४६॥ स्मन्त्र रामं द्रक्ष्यामि शीघ्रमानय स्न्दरम्। इत्युक्तस्त्वरितं गत्वा सुमन्त्रो राममन्दिरम् ॥ ४७॥ अवारितः प्रविष्टोऽयं त्वरितं राममब्रवीत । शीघमागच्छ भदं ते राम राजीवलोचन ॥ ४८॥ पित्र्गेहं मया सार्धं राजा त्वां द्रष्ट्मिच्छति । इत्युक्तो रथमारुहय सम्भ्रमात्त्वरितो ययौ ॥ ४९॥ रामः सारथिना सार्धं लक्ष्मणेन समन्वितः । मध्यकक्षे वसिष्ठादीन् पश्यन्नेव त्वरान्वितः ॥ ५०॥ पित्ः समीपं सङ्गम्य ननाम चरणौ पित्ः । राममालिङ्गित्ं राजा समुत्थाय ससम्भ्रमः ॥ ५१॥ बाह् प्रसार्य रामेति दुःखान्मध्ये पपात ह । हा हेति रामस्तं शीघ्रमालिङ्ग्याङ्के न्यवेशयत् ॥ ५२॥ राजानं मूच्छितं दृष्ट्वा चुक्रुश्ः सर्वयोषितः । किमर्थं रोदनमिति वसिष्ठोऽपि समाविशत् ॥ ५३॥



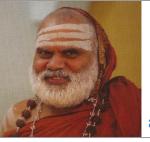


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रामः पप्रच्छ किमिदं राज्ञो दुःखस्य कारणम्। एवं पृच्छति रामे सा कैकेयी राममब्रवीत् ॥ ५४॥ त्वमेव कारणं हयत्र राज्ञो दुःखोपशान्तये । किञ्चित्कार्यं त्वया राम कर्तव्यं नृपतेर्हितम् ॥ ५५॥ क्र सत्यप्रतिज्ञस्तवं राजानं सत्यवादिनम्। राज्ञा वरद्वयं दत्तं मम सन्त्ष्टचेतसा ॥ ५६॥ त्वदधीनं तु तत्सर्वं वक्तुं त्वां लज्जते नृपः । सत्यपाशेन सम्बद्धं पितरं त्रात्मर्हसि ॥ ५७॥ प्त्रशब्देन चैतद्धि नरकात्त्रायते पिता । रामस्तयोदितं श्र्त्वा शूलेनाभिहतो यथा ॥ ५८॥ ट्यथितः कैकेयीं प्राह किं मामेवं प्रभाषसे । पित्रर्थे जीवितं दास्ये पिबेयं विषम्लबणम् ॥ ५९॥ सीतां त्यक्ष्येsथ कौसल्यां राज्यं चापि त्यजाम्यहम्। अनाज्ञप्तोsपि क्रते पित्ः कार्यं स उत्तमः ॥ ६०॥ उक्तः करोति यः प्त्रः स मध्यम उदाहतः । उक्तोऽपि क्रते नैव स प्त्रो मल उच्यते ॥ ६१॥ अतः करोमि तत्सर्वं यन्मामाह पिता मम । सत्यं सत्यं करोम्येव रामो दविनीभिभाषते ॥ ६२॥ इति रामप्रतिज्ञां सा श्रुत्वा वक्तुं प्रचक्रमे । राम त्वदभिषेकार्थं सम्भाराः सम्भृताश्च ये ॥ ६३॥ तैरेव भरतोऽवश्यमभिषेच्यः प्रियो मम । अपरेण वरेणाश् चीरवासा जटाधरः ॥ ६४॥ वनं प्रयाहि शीघ्रं त्वमद्यैव पित्राज्ञया । चत्र्दश समास्तत्र वस म्न्यन्नभोजनः ॥ ६५॥ एतदेव पितुस्तेऽद्य कार्यं त्वं कर्तुमहिसि । राजा तु लज्जते वक्तुं त्वामेवं रघुनन्दन ॥ ६६॥ श्रीराम उवाच भरतस्यैव राज्यं स्यादहं गच्छामि दण्डकान्। किन्त् राजा न वक्तीह मां न जानेऽत्र कारणम् ॥ ६७॥ श्र्त्वैतद्रामवचनं दृष्ट्वा रामं प्रः स्थितम् । प्राह राजा दशरथो दुःखितो दुःखितं वचः ॥ ६८॥





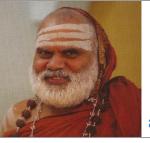
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स्त्रीजितं भ्रान्तहृदयम्नमार्गपरिवर्तिनम् । निगृहय मां गृहाणेदं राज्यं पापं न तद्भवेत् ॥ ६९॥ एवं चेदनृतं नैव मां स्पृशेद्रघुनन्दन । इत्युक्तवा दुःखसन्तप्तो विललाप नृपस्तदा ॥ ७०॥ हा राम हा जगन्नाथ हा मम प्राणवल्लभ । मां विसृज्य कथं घोरं विपिनं गन्त्महिसि ॥ ७१॥ इति रामं समालिङ्ग्य मुक्तकण्ठो रुरोद ह । विमृज्य नयने रामः पित्ः सजलपाणिना ॥ ७२॥ आश्वासयामास नृपं शनैः स नयकोविदः । किमत्र दुःखेन विभो राज्यं शासत् मेऽन्जः ॥ ७३॥ अहं प्रतिज्ञां निस्तीर्य पुनर्यास्यामि ते पुरम्। राज्यात्कोटिग्णं सौख्यं मम राजन् वने सतः ॥ ७४॥ त्वत्सत्यपालनं देव कार्यं चापि भविष्यति । कैकेय्याश्च प्रियो राजन् वनवासो महाग्णः ॥ ७५॥ इदानीं गन्त्मिच्छामि व्येत् मात्श्च हज्ज्वरः । सम्भारश्चोपह्रीयन्तामभिषेकार्थमाहृताः ॥ ७६॥ मातरं समन्श्वास्य अन्नीय च जानकीम्। आगत्य पादौ वन्दित्वा तव यास्ये सुखं वनम् ॥ ७७॥ इत्युक्तवा त् परिक्रम्य मातरं द्रष्ट्माययौ । कौसल्यापि हरेः पूजां कुरुते रामकारणात् ॥ ७८॥ होमं च कारयामास ब्राहमणेभ्यो ददौ धनम्। ध्यायते विष्ण्मेकाग्रमनसा मौनमास्थिता ॥ ७९॥ अन्तःस्थमेकं घनचित्प्रकाशं निरस्तसर्वातिशयस्वरूपम् । विष्णुं सदानन्दमयं हृदब्जे सा भावयन्ती न ददर्श रामम् ॥ ८०॥ इति श्रीमदध्यात्मरामायणे उमामहेश्वरसंवादे अयोध्याकाण्डे तृतीयः सर्गः ॥ ३॥

nedānīmutthito rājā kimartham ceti cintayan |
sumantraḥ śanakaiḥ prāyādyatra rājā'vatiṣṭhate || 42||
vardhayan jayaśabdena praṇaman śirasā nṛpam |
atikhinnam nṛpam dṛṣṭvā kaikeyīm samapṛcchata || 43||
devi kaikeyi vardhasva kim rājā dṛśyate'nyathā |



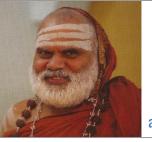


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tamāha kaikeyī rājā rātrau nidrām na labdhavān | 44| rāmarāmeti rāmeti rāmamevānucintayan | prajāgareņa vai rājā hyasvastha iva laksyate | rāmamānaya śīghram tvam rājā drastumihecchati || 45|| aśrutvā rājavacanam katham gacchāmi bhāmini | tacchrutvā mantrino vākyam rājā mantrinamabravīt | 46| sumantra rāmam drakşyāmi śīghramānaya sundaram | ityuktastvaritam gatvā sumantro rāmamandiram | 47| avāritaḥ pravisto'yam tvaritam rāmamabravīt | śīghramāgaccha bhadram te rāma rājīvalocana | 48| piturgeham mayā sārdham rājā tvām drastumicchati | ityukto rathamāruhya sambhramāttvarito yayau | 49| rāmah sārathinā sārdham laksmanena samanvitah | madhyakakse vasisthādīn paśyanneva tvarānvitah | 50| pituh samīpam saṅgamya nanāma caranau pituh | rāmamālingitum rājā samutthāya sasambhramaņ | 51 | bāhū prasārya rāmeti duhkhānmadhye papāta ha | hā heti rāmastam śīghramālingyānke nyaveśayat | 52| rājānam mūrcchitam drstvā cukruśuh sarvayositah | kimartham rodanamiti vasistho'pi samāviśat | 53| rāmah papraccha kimidam rājño duḥkhasya kāraṇam | evam prcchati rāme sā kaikeyī rāmamabravīt || 54|| tvameva kāraņam hyatra rājño duhkhopaśāntaye | kiñcitkāryam tvayā rāma kartavyam nṛpaterhitam || 55|| kuru satyapratijñastvam rājānam satyavādinam | rājñā varadvayam dattam mama santustacetasā || 56|| tvadadhīnam tu tatsarvam vaktum tvām lajjate nṛpaḥ | satyapāśena sambaddham pitaram trātumarhasi || 57|| putraśabdena caitaddhi narakāttrāyate pitā | rāmastayoditam śrutvā śūlenābhihato yathā || 58|| vyathitah kaikeyīm prāha kim māmevam prabhāṣase | pitrarthe jīvitam dāsye pibeyam vişamulbanam || 59|| sītām tyakşye'tha kausalyām rājyam cāpi tyajāmyaham |



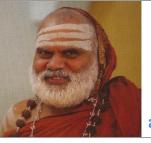


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anājñapto'pi kurute pituh kāryam sa uttamah | 60| uktah karoti yah putrah sa madhyama udahrtah | ukto'pi kurute naiva sa putro mala ucyate || 61|| ataḥ karomi tatsarvam yanmāmāha pitā mama | satyam satyam karomyeva rāmo dvirnābhibhāsate | 62| iti rāmapratijnām sā śrutvā vaktum pracakrame | rāma tvadabhişekārtham sambhārāh sambhṛtāśca ye | 63| taireva bharato'vaśyamabhişecyah priyo mama | aparena varenāśu cīravāsā jatādharah | 64| vanam prayāhi śīghram tvamadyaiva piturājñayā | caturdaśa samāstatra vasa munyannabhojanah | 65| etadeva pituste'dya kāryam tvam kartumarhasi | rājā tu lajjate vaktum tvāmevam raghunandana | 66| śrīrāma uvāca bharatasyaiva rājyam syādaham gacchāmi dandakān | kintu rājā na vaktīha mām na jāne'tra kāraņam | 67| śrutvaitadrāmavacanam dṛṣṭvā rāmam puraḥ sthitam | prāha rājā daśaratho duḥkhito duḥkhitam vacaḥ | 68| strījitam bhrāntahrdayamunmārgaparivartinam | nigrhya mām grhānedam rājyam pāpam na tadbhavet | 69| evam cedanrtam naiva mām sprsedraghunandana | ityuktvā duhkhasantapto vilalāpa nṛpastadā | 70| hā rāma hā jagannātha hā mama prānavallabha | mām visrjya katham ghoram vipinam gantumarhasi || 71|| iti rāmam samālingya muktakantho ruroda ha | vimrjya nayane rāmah pituh sajalapāninā | 72| āśvāsayāmāsa nṛpam śanaih sa nayakovidah | kimatra duḥkhena vibho rājyam śāsatu me'nujaḥ || 73|| aham pratijñām nistīrya punaryāsyāmi te puram | rājyātkoţiguṇam saukhyam mama rājan vane sataḥ || 74|| tvatsatyapālanam deva kāryam cāpi bhavişyati | kaikeyyāśca priyo rājan vanavāso mahāgunah || 75|| idānīm gantumicchāmi vyetu mātuśca hrjjvarah |





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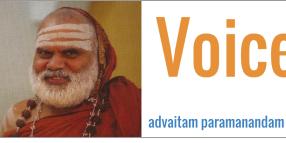
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sambhāraścopahrīyantāmabhiṣekārthamāhṛtāḥ || 76||
mātaraṃ samanuśvāsya anunīya ca jānakīm |
āgatya pādau vanditvā tava yāsye sukhaṃ vanam || 77||
ityuktvā tu parikramya mātaraṃ draṣṭumāyayau |
kausalyāpi hareḥ pūjāṃ kurute rāmakāraṇāt || 78||
homaṃ ca kārayāmāsa brāhmaṇebhyo dadau dhanam |
dhyāyate viṣṇumekāgramanasā maunamāsthitā || 79||
antaḥsthamekaṃ ghanacitprakāśaṃ nirastasarvātiśayasvarūpam |
viṣṇuṃ sadānandamayaṃ hṛdabje sā bhāvayantī na dadarśa rāmam || 80||
iti śrīmadadhyātmarāmāyaṇe umāmaheśvarasaṃvāde
ayodhyākāṇḍe tṛtīyaḥ sargaḥ || 3||

Seeing that the king had not yet awakened from sleep, the Minister Sumantra hurried to the palace where he was living. On greeting the king with good wishes and prostrations, Sumantra noticed him extremely grief-stricken. He addressed Kaikeyi as follows: Sumantra said: "O honoured lady! May you be prosperous. How is it that I see the King with a sorrow-stricken face?" Kaikeyi replied, "The King had no sleep during the whole night. Uttering the name of Rama, he has been thinking of him alone. For want of sleep, you find him in this distressed condition. You bring Rama to this place quickly. The King desires to meet him."

Sumantra replied, "O my king's lady! Without a word from the King, how can I go and bring Rama here?" Hearing these words of the Minister, King Dasaratha said to him in a very low voice, "O Sumantra! I wish to see Rama immediately. Bring him here quickly." Being so commanded by the king, Sumantra went to Rama's palace in great haste. Without being detained anywhere, he met Rama quickly and said, "O lotus- = eyed Rama! Please come with me to your - father's palace immediately. He wants to see you immediately now. May good - befall you!" Saying so, he ascended his chariot together with Rama and Lakshmana and departed immediately in an agitated mood.

Reaching the middle gate of the palace, along with Lakshmana and his charioteer, Rama saw Vasishtha and all others assembled. In great haste, he proceeded to his father's presence and prostrated himself before him. The King then got up and with great affection proceeded to embrace Rama but he slipped before reaching him. But as he lifted his hand for the purpose, he fell down calling the name of Rama in an extremely distressed voice. Surprised at this, Rama immediately supported him, embraced him and stretched him in his own lap. Seeing the King unconscious, all the women there cried out in great agony. In order to ascertain the reason for these cries, sage Vasishtha also immediately rushed into the palace. Now Rama enquired of the persons present there, the cause of his father's sorrow. On his questioning thus, Kaikeyi said to him: "You alone, O Rama, can relieve the King of his sorrow. There is one thing which you have to do to bring him relief. May you, who are yourself truthful, help the King to fulfil his plighted words.

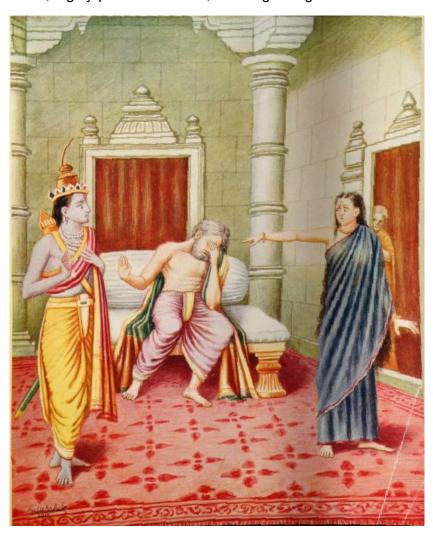




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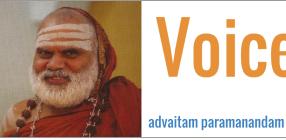
Once, highly pleased with me, the King had given me two boons. The fulfilment of these is in your



hands. The King is hesitant to speak to you about it. Bound as he is by the cord of vow of truthfulness, he has to be saved from this difficult situation by you. For, the word son (Putra) means one who lifts his father from hell." Hearing her words, Rama felt agony like one struck with a blade and he said to Kaikeyi, "There is no need to speak to me in this strain. I am one who is ready to give up my very life for the sake of my father. If necessary, I am ready to give up Sita or Kausalya or the kingdom. The right type of son is the one who fulfils a father's desire even without being asked to do so. The middling type is the one who does so, when requested. And the degenerate one is the son who fails to do so even when asked. Such a son is designated as 'dirt'. So, whatever my father wants me to do, I am prepared to

obey. I swear that I shall do accordingly. Rama never indulges in double-talk." Hearing this vow of Rama, Kaikeyi began to tell him: "O Rama! Whatever preparations have been made for your installation, all that must be utilised without fail for installing my dear son Bharata as the Yuvaraja. This is one of the boons that I have sought. The other is that at the command of your father, you should, wearing tree-bark and matted locks, go to the forest at once and live there for fourteen years subsisting on the diet of ascetics. These are what your father wants you to do. O descendant of Raghu's line! The King is rather ashamed and hesitant to speak to you openly about it."

Thus addressed by Kaikeyi, Rama replied immediately within a second, "Let the kingdom go to Bharata and I shall go to the Dandaka forest. But I do not understand why the King is not ordering me directly while I am standing in his presence." Hearing these words of Rama, standing in front of him, the sorrow-stricken King Dasaratha spoke very sadly. He said, "You take possession of this kingdom, killing or imprisoning me, who is treading the path of injustice, whose mind has lost its balance and who is under the domination of a woman. It will not be sinful of you

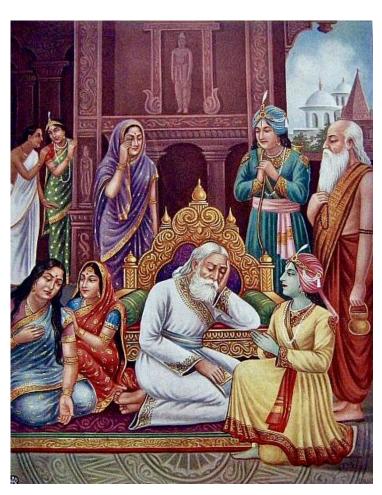




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to do so. If you do like that, O joy of the Raghus, I shall not be corrupted with the stain of untruth."



Saying so, the grief-stricken King began to cry aloud, exclaiming: "O Rama! O master of the world! O dearest object of my love! Abandoning me, how will it be possible for you to go to that dense forest!" . With these words the King embraced Rama and began to weep without any restraint. And, alas! Rama took some water in = his hand from a pot, washed the King's - eyes, and the adept in conciliation that he was, he began to console the King saying, "O wise one! Why should you be so down-hearted in this situation? Let my brother rule the kingdom, and as for myself, .after fulfilling your plighted words, I shall - come back to this city. O King! I shall be a hundred times more happy to live in the forest than to rule the kingdom. great King! 0 arrangement your promise will be fulfilled, and Kaikeyi too will be pleased. Thus my departure to the forest will highly beneficial. I would, therefore, go away now from here. May the pangs of mother Kaikeyi's heart be

assuaged thereby! Let all the materials brought for the installation be abandoned. I shall now go and console my mother Kausalya and my wife Sita, the daughter of Janaka. After that I shall again come, do obeisance to you, and then depart to the forest with a peaceful mind."

Saying so, Rama circumambulated his father and then went to see his mother Kausalya. At that time Kausalya, after having worshipped Hari for the welfare of Rama, had performed Homas and given gifts to holy men, and was observing silence and meditating in her palace with a concentrated mind. She did not notice Rama stand- ing in front of her, as she was then intently meditating in her heart on Mahavishnu, the one Being who dwells in all, who is ever resplendent with the light of knowledge, who transcends all diversities and whose nature is constituted of Bliss.

(Will Continue...)

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Śrīmad Bhagavad Gītābhāşyam of Śrī Ādi Śankarācarya

Note: In this section we will see the Śloka and Bhāṣyam. For the meaning of the śloka, please see the main magazine.

Chapter 9 rājavidyā rājyaguhyayoga:

13

महात्मानस्तु मां पार्थ दैवीं प्रकृतिमाश्रिताः । भजन्त्यनन्यमनसो ज्ञात्वा भूतादिमव्ययम् ॥ १३ ॥ mahātmānastu māṃ pārtha daivīṃ prakṛtimāśritāḥ | bhajantyananyamanaso jñātvā bhūtādimavyayam || 13 ||



Mahatmans; the high-souled. 16 The nature of the Devas (Gods) consists in their control over the body, mind and the senses, in kindness, in faith and the like. Beings: bhutas, all living creatures as well as all elements of matter.

How (do they worship)?

14

सततं कीर्तयन्तो मां यतन्तश्च दृढव्रताः । नमस्यन्तश्च मां भक्त्या नित्ययुक्ता उपासते ॥ १४ ॥

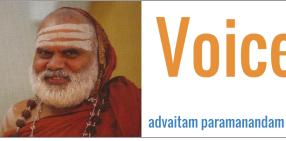
satataṃ kīrtayanto māṃ yatantaśca dṛḍhavratāḥ | namasyantaśca māṃ bhaktyā nityayuktā upāsate || 14 ||

They always talk of Me, their Lord, the very Brahman. They always strive by way of subjugating the senses, by way of cultivating the virtues of self-control, kindness, innocence, and the like. Firm in their vows, they worship Me in love, Me who am their very Self lying in the heart.

In what different ways do they worship ?-Listen:

15

ज्ञानयज्ञेन चाप्यन्ये यजन्तो मामुपासते । एकत्वेन पृथक्त्वेन बहुधा विश्वतोमुखम् ॥ १५ ॥ jñānayajñena cāpyanye yajanto māmupāsate |





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ekatvena prthaktvena bahudhā viśvatomukham | 15 |

Knowledge of the Lord is itself a sacrifice. Worshipping by this sacrifice of wisdom, others adore Me, having abandoned all other forms of worship. And that knowledge varies thus;-Some worship with the knowledge of the real truth that 'One, verily, is the Para-Brahman' Some worship with the knowledge that the Lord Vishnu Himself exists as different beings, as the sun, the moon and the like. Others worship Him, who exists in all forms-as the All-faced, thinking that the one Lord exists in all the different forms, with his face on all sides.

If they worship in so many different ways, how do they (as Thou sayest) worship Thee only?-The Lord says:

16

अहं क्रतुरहं यज्ञः स्वधाऽहमहमौषधम् । मन्त्रोऽहमहमे वाज्यमह मग्निरहं हुतम् ।। १६ ।। ahaṃ kraturahaṃ yajñaḥ svadhā'hamahamauṣadham | mantro'hamahame vājyamaha magnirahaṃ hutam || 16 ||

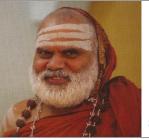
Kratu is a class of Vedic sacrifices. Yajna is the worship enjoined in the smriti. Sradha is the food offered to ancestors (Pitris). The aushadha means plants in general, including rice and barley, eaten by all living beings. Or, svadha is food in general, and aushadha is the medical (food) serving to alleviate sickness. I am the mantra, the chant with which the oblation is offered to the Pitris and the Devatas. I am the fire into which the offering is poured. And,



पिताऽहमस्य जगतो माता धाता पितामहः । वेद्यं पवित्रमोङ्कार ऋक् साम यजुरेव च ॥ १७ ॥



pitā'hamasya jagato mātā dhātā pitāmahaḥ | vedyaṃ pavitramoṅkāra ṛk sāma yajureva ca || 17 ||





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I am the father of this world, the mother, the dispenser, and grandsire; lam the knowable, the purifier, the syllable Om,' and also the Rik, the Saman, and the Yajus also.

18

गतिर्मती प्रमुः साक्षी निवासः शरणं सुहत्।

प्रभवः प्रलयः स्थानं निधानं बीजमव्ययम् ॥ १८ ॥

gatirmatī pramuḥ sākṣī nivāsaḥ śaraṇaṃ suhṛt |

prabhavaḥ pralayaḥ sthānaṃ nidhānaṃ bījamavyayam || 18 ||

I am the goal, the fruit of action......I am the witness of what is done and what is not done by all living beings. I am the abode wherein all living beings dwell. I am the shelter for the distressed; I relieve from distress those who come to Me. I am the Friend: I do good without expecting any return. I am the source of the world. I am that in which it is dissolved, and that in which it stays. I am the treasure house, that which living beings shall enjoy in a future period. I am the imperishable seed, that which causes the growth of all things that germinate, and which endures as long as the world (samsara) endures. Nothing indeed springs up without a seed; and since this growth constant, it is understood that continuity of the seed never fails.

(Will Continue...)

(See the meaning for the slokas in 2024_Sep Main Voice of Jagadguru e magazine)

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